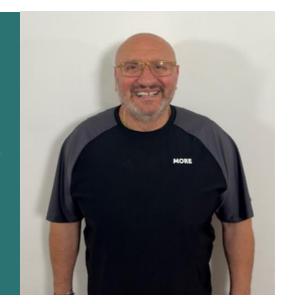
## PERSONAL TRAINER PROFILE

## Lui Cirillo

How do you book me? Call: 01280 817500 or ask at reception for my details.



## **My Qualifications**

- -Level 2 fitness instructor
- -Level 3 personal trainer
- -Strength & Conditioning coach
- -Program design & nutrition
- -Adolescence training qualified
- -Athlete training qualified

## **About me**

Hi I'm Lui, a personal trainer with over 30 year's experience in the fitness industry.

I used to be a national power lifter and when I was younger, I served in the Italian military so health and fitness has been in my life since I was young. In my 30 plus years of training clients I've seen many different goals and I love seeing my clients elated to achieve them.

I love meeting new people and helping them make exercise and training fun and enjoyable. If you see me in the gym don't be afraid to say hello.



